

Supplement Facts

Serving Size: 1 Soft Gel
Servings per Container: 180

	Amount per Serving	%DV*
Calories	9	
Calories from Fat	8	
Total Fat	<1 g	1%
Saturated Fat	<1 g	<1%
Polyunsaturated Fat	<1 g	†
Monounsaturated Fat	<1 g	†
Total Omega	716 mg	†
<u>Typical Average Fatty Acid Profile</u>		
Alpha Linolenic Acid (ALA) Omega 3	447 mg	†
Linolenic Acid (LA) Omega 6	110 mg	†
Oleic Acid (OA) Omega 9	137 mg	†
Gamma Linolenic Acid (GLA)	4 mg	†
Docosahexaenoic Acid (DHA)	18 mg	†

* Daily Values (DV) are based on a 2,000 calorie diet for adults and children over 4 years of age.

† Daily Value (DV) not established.

OTHER INGREDIENTS: Organic Flax Seed Oil, Gelatin, Glycerin, Fish Oil (Tuna), Purified Water, Borage Oil, Carob Extract, Mixed Tocopherols.

Contains Fish (from Norway, Chile, Peru, or South Africa) and Soy.