

Supplement Facts

Serving Size: 1 Capsule

	Amount Per Serving	% Daily Value
Soy Protein	300 mg	**
Soy Isoflavones (contains 25mg total isoflavones - GMO Free)	63 mg	**
Black Cohosh Root (Cimicifuga racemosa) pe* 2.5% glycosides	40 mg	**
Burdock Root (Arctium lappa) pe* 5:1 extract	25 mg	**
Dandelion Root (Taraxacum officinale) pe* 4:1 extract	20 mg	**
Dong Quai Root (Angelica sinensis) pe* 1% ligustilides	20 mg	**
Wild Yam Root (Dioscorea villosa) pe* 10% diosgenin	20 mg	**

* Powdered plant extract

** Daily Value not established

Other Ingredients: Gelatin capsule (gelatin and water)

Directions: Take 1 capsule, twice daily.